



## 2020 Summer Activities Information and Guidelines

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### Introduction

Starting June 15, 2020, Academy District 20 will allow D20 staff members and students to engage in summer activities. Many of these summer activities/camps will resemble a practice. The guidance and information in this document was developed in partnership with the El Paso County Health Department and is in compliance with Executive Orders from the Governors and the State Department of Health.

Academy District 20's goal is to safely allow students to return to participating in structured and safe school activities. Returning to summer activities is beneficial for students physically, socially, and emotionally.

Through collaboration with students, parents, and staff members, we will provide a safe and healthy environment for students.

Students must:

- Be honest when exhibiting symptoms and feeling ill.
- Stay home when exhibiting symptoms and feeling ill to protect all parties.

- Adhere to the policies in this document and follow all coaches' directions without exception.

All summer activities are completely voluntary, and students will not be penalized if they choose not to participate.

Families will communicate openly and honestly with coaches/sponsors regarding concerns and symptoms their student may have.

All staff members working with students will go through training regarding activities/gatherings during the COVID-19 crisis.

All students are required to have a "Return to Play Waiver" on file with their school before they will be allowed to participate in activities and gatherings.

### **Guidelines for Summer Activities**

- Coaches/sponsors will assign students to participation groups and those groups will stay together for each cycle of workouts/gatherings. Workout groups will be assigned on or around the 15<sup>th</sup> of June and may be adjusted again in July. Once assigned a group, students will not be allowed to change/switch groups and coaches will have full discretion to assign groups. Starting June 15, groups will be no larger than 25 student-athletes when outdoors and no larger than 10 student-athletes when indoors. Once assigned, groups will not be allowed to combine or co-mingle. The number of students in each group will be evaluated based upon guidance from the state and/or county health departments. During the COVID 19 crisis, expectations and guidelines are changing rapidly and we will respond immediately. Athletic Directors and coaches are aware that they are responsible for staying current and adjusting practices based upon new guidance.
- Facilities will be managed to reduce student contact when entering and exiting.
- Locker rooms/dugouts will not be available during summer activities.
- Adequate cleaning schedules will be implemented for all areas with activities. High touch areas will be sanitized before and after all activities.
- Students should wash their hands for a minimum of 20 seconds with warm water and soap before arrival. Handwashing stations and/or hand sanitizer will be provided during all summer activities.
- Participants must arrive in proper gear, ready to participate.

- Appropriate clothing/shoes must be worn at all times, especially indoors (i.e. the weight room) to minimize sweat from transmitting onto equipment/surfaces. Cut off shirts, shirts with large arm holes, and tank tops will not be allowed.
- Students must provide and wear masks/face coverings that cover both mouth and nose at all times unless directed by a coach/sponsor that it is permissible to remove the mask/face covering.
- Students must bring their own water and water bottles. Drinking fountains and water fountains will not be available. Water bottles cannot be shared.
- Students and coaches/sponsors will go through a pre-screening questionnaire before participation is allowed. (See attached Health Screening Form)
  - If an individual affirms to a combination of two of any of the following symptoms 1. Dry Cough, 2. Shortness of Breath, 3. Sore Throat, the individual will be sent home. Any person with positive symptoms reported will not be allowed to take part in the activities and will not be allowed to return to participate until they are symptom free for seventy-two hours and ten days have passed since their first symptom unless they have been cleared for participation by a medical provider.
- Social distancing, a minimum distance of six feet apart, will be practiced at all times. Failure to practice social distancing will disqualify students from participating in activities.
- Any athletic equipment that is shared, i.e. volleyball, footballs, bats, etc., will be contained to small groups (i.e. pitcher and catcher, or quarterback and receivers) and will be cleaned before and after use.
- Athletes are encouraged not to touch their face before, during or after participating in summer activities/camps.
- Once dismissed by the coach, students will immediately leave the property without congregating. Student releases should be coordinated to minimize contact with other students and to reduce opportunities for students to congregate.
- Students are encouraged to shower and wash their workout clothes immediately upon returning home.

# Health Screening Form INDOOR

Date	Time	Location	Circle Yes/No Below										
			Name		Fever		Dry Cough		Sore Throat		Shortness of Breath		Close Contact, care for COVID 19
Student 1			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student 2			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student 3			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student 4			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student 5			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student 6			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student 7			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student 8			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student 9			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student10			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Coach 1			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Coach 2			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	

- If an individual affirms to a combination of two of any of the following symptoms 1. Dry Cough, 2. Shortness of Breath, 3. Sore Throat, the individual will be sent home. Any person with positive symptoms reported will not be allowed to take part in the activities and will not be allowed to return to participate until they are symptom free for seventy-two hours and ten days have passed since their first symptom unless they have been cleared for participation by a medical provider.
- Any staff member or student who experiences any of the symptoms of COVID (listed below) should self-isolate until the below conditions have been met. In the case of an individual who was diagnosed with COVID-19, the individual may visit when all three of the following criteria are met: at least three days (72 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications); and the individual has improvement in respiratory symptoms (e.g., cough, shortness of breath); and at least ten days have passed since symptoms first appeared; or  
 In the case of an individual who has symptoms that could be COVID-19 and does not get evaluated by a medical professional or tested for COVID-19, the individual is assumed to have COVID-19, and the individual may not return to activities until the individual has completed the same three-step criteria listed above; or  
 If the individual has symptoms that could be COVID-19 and wants to return to activities before completing the above self-isolation period, the individual must obtain a medical professional's note clearing the individual for return based on an alternative diagnosis.  
 Any student or staff member living with someone who experiences any of the symptoms of COVID, whether they have a positive COVID test or not, should self-isolate for two weeks. If they do not experience any COVID symptoms during that period, they can return to summer activities. If they experience symptoms, they must self-isolate until the conditions outlined above have been met.

# Health Screening Form OUTDOOR

Date	Time	Location	Circle Yes/No Below										
			Name		Fever		Dry Cough		Sore Throat		Shortness of Breath		Close Contact, care for COVID 19
Student 1			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student 2			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student 3			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student 4			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student 5			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student 6			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student 7			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student 8			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student 9			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student10			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student11			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student12			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student13			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student14			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student15			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student16			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student17			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student18			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student19			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student20			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student21			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student22			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student23			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student24			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Student25			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Coach 1			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
Coach 2			Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	

- If an individual affirms to a combination of two of any of the following symptoms 1. Dry Cough, 2. Shortness of Breath, 3. Sore Throat, the individual will be sent home. Any person with positive symptoms reported will not be allowed to take part in the activities and will not be allowed to return to participate until they are symptom free for seventy-two hours and ten days have passed since their first symptom unless they have been cleared for participation by a medical provider.
- Any staff member or student who experiences any of the symptoms of COVID (listed below) should self-isolate until the below conditions have been met. In the case of an individual who was diagnosed with COVID-19, the individual may visit when all three of the following criteria are met: at least three days (72 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications); and the individual has improvement in respiratory symptoms (e.g., cough, shortness of breath); and at least ten days have passed since symptoms first appeared; or In the case of an individual who has symptoms that could be COVID-19 and does not get evaluated by a medical professional or tested for COVID-19, the individual is assumed to have COVID-19, and the individual may not return to activities until the individual has completed the same three-step criteria listed above; or If the individual has symptoms that could be COVID-19 and wants to return to activities before completing the above self-isolation period, the individual must obtain a medical professional's note clearing the individual for return based on an alternative diagnosis.

Any student or staff member living with someone who experiences any of the symptoms of COVID, whether they have a positive COVID test or not, should self-isolate for two weeks. If they do not experience any COVID symptoms during that period, they can return to summer activities. If they experience symptoms, they must self-isolate until the conditions outlined above have been met.



## 2020 Summer Activities

### PARTICIPATING STUDENT WAIVER AND RELEASE OF CLAIMS

As a result of the COVID-19 crisis, Academy District 20 (the “District”) will hold modified summer activities in accordance with “Guidance for Children’s Day Camps and Youth Sports Camps” published by the Colorado Department of Public Health and Environment and in accordance with guidelines from the El Paso County Health Department.

- Participants will be allowed to participate in the summer activities held at District facilities, including, fields, gymnasiums, music rooms, etc.
- No family members or guests will be permitted to enter the location of the summer activities or gather for social interactions. While waiting for their students, parents/guardians should remain in their vehicles in the parking lots.

**PARTICIPATION IN SUMMER SPORT/ACTIVITY ACTIVITIES BY D20 STUDENTS IS STRICTLY VOLUNTARY. NO D20 STUDENT WILL BE PENALIZED IN ANY WAY FOR NON-PARTICIPATION.**

**For students who will participate in summer activities, the following permission form with waiver and hold harmless agreement must be signed by the parent/guardian *and* the student.**

### PERMISSION/REQUEST TO PARTICIPATE:

**Please complete the following statements as applicable:**

I, \_\_\_\_\_ (name), affirm that I am the parent or legal guardian (the “Parent/Guardian”) of the following named student, \_\_\_\_\_ (the “Student”). I hereby give permission for the Student to participate in the summer activity that will be held at various District facilities throughout the summer of 2020.

## PARENTS/GUARDIANS AND STUDENTS:

In consideration of the District allowing the Student to participate in the summer activity, and as an express inducement therefor, the Parent/Guardian and Student hereby state, affirm, and agree to the following:

1. The Parent/Guardian and the Student have no reason to believe that the Student has COVID-19.
2. Within the past 14 days the Student has not had close contact with a person having or suspected of having COVID-19.
3. The Student does not have any of the following symptoms: fever, cough, shortness of breath, fatigue, muscle pain, chills, headache, diarrhea, nausea, or sore throat.
4. If the Student has such symptoms, the Parent/Guardian and the Student believe that the symptoms are caused by an illness, injury or condition that is not related to COVID-19.
5. Within the past 14 days, neither the Student nor anyone in the Student's household has traveled to any country, state, or city with widespread COVID-19 diagnoses.
6. The Parent/Guardian and Student understand that the World Health Organization, the US Center for Disease Control, and the Governor of the State of Colorado have declared a global, nationwide and statewide pandemic of the coronavirus that causes the disease called COVID-19, that there is currently no vaccine or medical cure for COVID-19, that the coronavirus that causes the disease is said to be extraordinarily easy to transmit between people, and that gatherings of large numbers of people or people in close proximity to one another are believed to be the main cause of the spread of COVID-19. Accordingly, any gathering of people, including the summer activities, is or can be inherently dangerous and unpredictable, and that serious illness or even death can occur as a result of a person's participation in such an activity.
7. The Parent/Guardian, and the Student understand and agree that the Student's participation in the summer activities shall be at the Parent/Guardian's and Student's sole risk, and that, while the District seeks to do what is reasonable to ensure that participants in the summer activities are safe and protected, the District cannot guarantee the Student's safety, and expressly disclaims any representation or undertaking that the summer activities are safe for the Student and further disclaims any and all liability or responsibility for any illness or infection, including, but not limited to COVID-19, that may occur from or in connection with the summer activities.
8. **The Parent/Guardian and Student affirm that they are aware of the kinds of risks the Student will face in connection with the summer activities, and recognize that the District is unable to protect the Student from all such risks. The Parent/Guardian and Student expressly agree to assume such risks, and they understand the District has relied upon this assumption of risk in permitting the Student to participate in the summer activities.**





